

Programs & Services for People with Developmental Disabilities



Our Mission

Enriching the lives of individuals with developmental disabilities by maximizing their opportunities for personal success, fun & friendship, employment, and community involvement.



Our Vision

People with developmental disabilities are empowered to realize their greatest potential, thrive within the community, and achieve their hopes and dreams.

INSIDE

- 5 Monday Night Bowling 18+
- 5 Tuesday Night Art 18+
- 6 Wednesday Night Sampler 18+
- 7 Thursday Ladies Night 18+
- 7 Thursday Guys Night 18+
- 8 Friday Social Party on the Patio 18+
- 9 Weekend Events 18+
- 11 Weekend Excursions 18+
- 14 Employment Opportunities Program
- **15** Employment Workshop
- **16** REACH Day Program
- 17 Catalyst Life Skills Program
- **18** Did You Know?
- 19 Member Voices/Be Part of CEL
- 20 Member Registration
- 23 FAQs

HOW TO REGISTER

- 1. Find programs you're interested in!
- 2. **NEW MEMBERS:**

Contact us at 847.948.7001 or Outreach@CenterForEnrichedLiving.org to get started.



RETURNING MEMBERS:

Fill out the Returning
Member Registration
Form in this guide
or scan to access it online.

3. Program availability will be determined before we process all registrations and payments.

Questions?

Outreach@CenterForEnrichedLiving.org

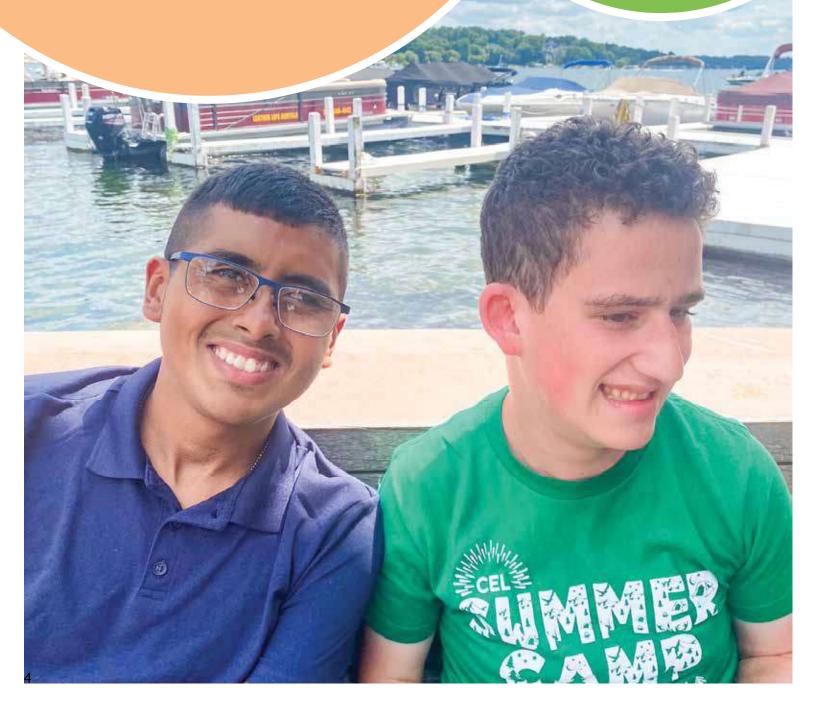
Welcome to the 2025 Summer Guide!



We have a fun-filled summer planned for you. We have brought back some of your favorite summertime activities and are

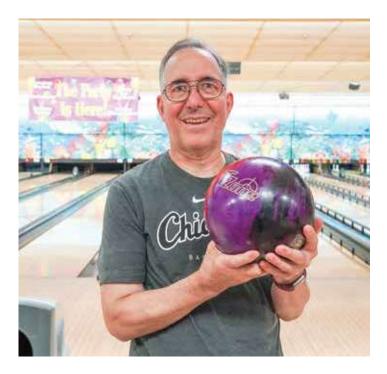
introducing a few new ones for you to try out and enjoy. Let us know what you like, what you didn't like, or your ideas for events and excursions. We are here to help you make this your best summer yet!

SUMMER



MONDAY NIGHT BOWLING

(AGES 18+)



Add some fun to your week with a night of bowling with friends! Enjoy a pizza party on the final night of bowling for the summer session.

Members may meet at Lakeside Lanes at 6:30 pm or meet at CEL at 5:45 pm for transportation to and from Lakeside Lanes. Arrange for pick up at 8:30 pm.

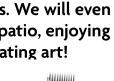
When: 6/2 - 8/11 (11 weeks) Time: 6:30pm - 8:00pm

Fee: \$330

TUESDAY NIGHT ART

(AGES 18+)





This program is partially supported by a grant from the Illinois Arts Council Agency.

WEDNESDAY NIGHT SAMPLER

(AGES 18+)



Time: 6:00pm - 8:30pm

Fee: \$520

ADULT PROGRAMS

THURSDAY LADIES NIGHT

(AGES 18+)



Join your gal pals this summer for a fun-filled evening! Relax on the patio, enjoy a snack and catch up on the latest "tea" with your friends. We will end the session by joining members from the Guys Night group for the Summer Mixer.

When: 6/12, 6/26, 7/10, 7/24, 8/7,

Mixer 8/14 (6 weeks)

Time: 6:30pm - 8:30pm

Fee: \$190

THURSDAY GUYS NIGHT

(AGES 18+)



Summer is here and it's a good time to get together with your pals at CEL! There will be fun and games inside and outside as well. And of course we will end the session by joining members from the Ladies Night group for the Summer Mixer.

When: 6/5, 6/19 7/3, 7/17, 7/31,

Mixer 8/14 (6 weeks) **Time:** 6:30pm - 8:30pm

Fee: \$190

Check Out Our Employment Workshops Page 15

FRIDAY SOCIAL - PARTY ON THE PATIO

(AGES 18+)



EVENTS

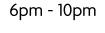


AGES 13-22

Dinner and a Movie:

Spend a Saturday night hanging out with your friends at CEL-order in food in from our fave food places, enjoy movie snacks and get ready to watch a favorite flick in CEL's own "movie theatre" aka the gym.

Date/Time Fee Saturdays; \$60/day 6/28 7/26



8/9



All Ages

Animal Quest: We are bringing back our friends at Animal Quest! They will be bringing an array of animals for you to learn about and meet. Light refreshments and an after show activity included.

Date/Time Fee Saturday, 6/21 \$40 1pm - 4pm

EVENTS (AGES 18+)

All Events Take Place at CEL



Welcome Summer Cookout: Say hello to summer and

an water-filled afternoon -water balloon toss, squirt gun

targets, and more. Light refreshments are included.

CEL Summer Carnival: Finish your summer at CEL by

having fun with your friends at our carnival-themed picnic!

Enjoy picnic food, carnival games, face painting, and more.

EVENT





FEE

\$50

\$50

DATE/TIME

Saturday, 6/7

1pm - 4pm

Sunday, 8/17

1pm - 4pm

join us for some outdoor fun! Play lawn games, make a summer craft, or get your face painted! And, of course, eat delicious food at the CEL cookout!	llam - 2pm	
Bingo Luau: The theme for today will be Bingo Luau! Wear your favorite Hawaiian gear and get ready to cover your letters to win a prize!	Sunday, 6/22 1pm - 3pm	\$40
Beach Bingo: Get your Bingo on Baby! Spend a cool afternoon covering your card and winning prizes, all to a summer bingo theme.	Saturday, 7/12 1pm - 3pm	\$40
Ice Cream Day at CEL: Celebrate National Ice Cream Day with your friends at CEL! Choose a cone, a bowl, or make a sundae with your favorite flavor. There will also be ice cream-inspired games and crafts for you to enjoy.	Sunday, 7/20 1pm - 4pm	\$50
Splash Party at CEL: Cool off at CEL! Join your friends for	Sunday, 8/3	\$40

(AGES 18+) **EXCURSIONS**

Head out and explore the community!

EVENT

Mini Golf and Ice Cream: Enjoy an afternoon at Lighthouse Mini Golf with your friends. Afterwards, we'll have ice cream from one of our favorite places-Shirl's! Course is not accessible. Fee includes ice cream; bring money for extra food.

DATE/TIME

Sunday, 6/8 1pm - 4:30pm

FEE

\$60



Kenohsa Kingfish Baseball Game: Spend an evening at the ballpark with your friends! Watch the Kenosha Kingfish take on the Battle Creek Battle Jacks. Price includes hot dog, chips, soda, and a hat. Bring extra money for snacks and souveniers. Ballpark is accessible.

Saturday, 6/14

5pm - 10pm

\$90



Libertyville Days: A CEL summer tradition-an afternoon at Libertyville Days! Games, rides, festival foods, and good friends are what this event is all about. A snack and beverage are included in the fee, but bring money for games, rides, souvenirs, or extra food.

Sunday, 6/15

1pm - 5pm

\$60



Lunch at Bristol Cafe and shopping at Pleasant Prairie

Outlet Mall: Spend a relaxing afternoon lunching and shopping with your friends. We'll start the day by having lunch at the Bristol Cafe and then head out to the Pleasant Prairie Outlet Mall to find some good deals! Lunch is included in the fee but bring extra money for shopping.

Saturday, 6/28

10am - 4pm

\$90





Long Grove Strawberry Fest: Enjoy the ultimate berrylicious celebration of the summer! The Long Grove Strawberry Festival has it all-delicious strawberry treats,

live music, shop crafts, and more! Fee includes a lunch and beverage. Bring extra money

for additional food and shopping.

Sunday, 6/29

11am - 3:30pm

\$100









moderate walking





bring extra money



EXCURSIONS (AGES 18+)

ACTIVITY

Barefoot Bay Water Park: What a great way to spend a summer afternoon! Enjoy the tube slides, water climbing wall, or just float down the lazy river. Fee includes admission; bring money for concessions. Swimming waiver provided upon registration and must be returned by 7/7.

DATE/TIME

Sunday, 7/13 1:30pm - 4:30pm

FEE

\$60



Highwood Days Carnival and Taco Fest: Celebrate summer at the 57th annual Highwood Days festival! Carnival rides, live music, and tacos! You can even vote for your favorite! Price includes a snack and a drink. Bring money for rides and extra food.

Saturday, 7/19

11am - 4pm

\$70



Taste of Wisconsin: Located in Kenosha on the shores of beautiful Lake Michigan, the Taste offers delicious food, games, and live music. Price includes a beverage and lunch. Bring extra money for additional food and games. Please note that some areas have rough terrain or uneven surfaces.

Saturday, 7/26 11am - 5pm

\$105



Lake County Fair: It wouldn't be summer without the Lake County Fair! Visit the animal barns, exhibits, games, rides, and of course, the food! Admission and lunch is included in the fee, but bring money for snacks, rides, and games. Please note that many areas have rough terrain or uneven surfaces.

Sunday, 7/27 10:30am - 4pm \$115



Milwaukee Zoo: Spend the day at one of the areas best known, accessbile zoos-the Milwaukee Zoo. See over 2200 mammals, birds, reptiles, and amphibians, representing over 340 species. In addition to seeing all the animals. *Please note:* Bring a sack lunch and extra money for snacks and souvenirs. The zoo is accessbile.

Saturday, 8/2 10am - 5pm

\$90



PLEASE NOTE: Many venues have gone 'cashless' and accept only debit or credit cards for payment. CEL will do its best to obtain this info prior to an excursion and communicate that information members.





moderate walking





bring extra money



EXCURSIONS (AGES 18+)





ACTIVITY

Mountain View Adventure Golf: Mountain View is an 18-hole adventure mini-golf course, designed around an old mining town theme. It features creeks, bridges, beautiful waterfalls, lots of interesting artifacts, and old-time stuff. Obstacles on the course are moved throughout the season, so a game on the Mountain View Mine course is always fun and challenging. Fee includes snack at Mountainview Concessions. Bring extra money for food, if desired. Please note: This course is not accessible.

DATE/TIME

Saturday, 8/9 6pm - 9pm

FEE





Schaumburg Boomers Baseball: Enjoy some baseball with the local Schaumburg Boomers! Wintrust field is fully accessible and set up for everyone to have a great afternoon of cheering for the Boomers. Bring money for lunch and souveniers.

Sunday, 8/10 11:30am - 5pm \$80



Dinner and a Movie at McHenry Outdoor Theatre: It's a summer tradition-the outdoor movie theatre! We'll start the night off with a fun dinner at CEL. Afterwards, we will pack up the van with the movie snacks, lawn chairs, blankets, etc. and head for McHenry. Can you stay awake for both movies?!

Saturday, 8/16

5pm - lam (approx.) We will call when leaving the movie theatre

\$60

EMPLOYMENT OPPORTUNITIES

EMPLOYMENT OPPORTUNITIES PROGRAM (AGES 18+)

Empowering individuals to reach their full potential by providing comprehensive support throughout their entire employment journey. From pre-employment services like career exploration and job search assistance to ongoing post-placement support, we are committed to helping you succeed at every stage of your career.

We are proud to partner with the Illinois Department of Rehabilitation Services (DRS) to offer Supported Employment Program and Milestone contracts. Additionally, we provide a private pay option to support your entire employment journey-from career exploration to job retention.



- Work with CEL staff to identify opportunities in your community that match your skills, interests, and goals, whether you're seeking employment or exploring career and/or volunteer options.
- Employment Specialists offer support throughout the job search process, including resume and interview prep, skill advancement, and job retention support.

Earn a competitive wage, grow your social network, and build a sense of accomplishment while developing skills that will help you achieve your employment goals!

Scan to learn more



Contact Outreach@CenterForEnrichedLiving.org today to learn more about the employment process.

NOT SURE IF YOU'RE READY TO WORK YET?

We are excited to offer a wide range of support through our employment services, including engaging skill-building workshops and training sessions designed to help you develop the essential skills for success throughout your employment journey.



SKILL BUILDING WORKSHOPS (AGES 18+)

Enhance your digital literacy skills through interactive skill-building workshops and hands-on computer labs, guided by the Northstar Digital Literacy Curriculum. We will provide the technology, resources, and support to empower you in today's digital world. Open to all CEL members! Must be willing to engage individually or within a group. All learning takes place at CEL.

BENEFITS TO MEMBERS:

- Structured Learning: There will be a step-by-step learning path, ensuring that you build a strong foundation in digital skills.
- Hands-On Practice: With the combination of workshops and computer labs, you'll have multiple opportunities to learn and apply your skills.
- Digital Confidence: By completing these workshops, you will gain the confidence needed to safely navigate the digital world, whether for personal, educational, or career use.

EMPLOYMENT SERVICE PACKAGES AND SELECTIONS

Fees vary for each package. Please see website for details. See below for a sample of topics.

Career Exploration:

Career assessments, identifying career interests, and soft skills development.

Career Development and Work Readiness Planning:

Creating individualized employment goals, resume creation and review, interview preparation, and understanding the job search process.

Transition to Employment:

Job placement assistance, job coaching, and understanding paychecks.

Post-Placement Support:

Strategies for maintaining employment, conflict resolution in the workplace, ongoing job coaching and mentorship, and skill development and advancement.





Scan to learn more

REACH ADULT DAY PROGRAM

(AGES 18+)



REACH Day Program provides community based opportunities and activities for continued learning and growth for adults who have finished high school.

Monday through Friday, REACH members have the option to choose from a variety of activities based on personal interest, and individualized goals. CEL members participate in planning monthly activities which are geared towards enhancing their mind, body, and sense of self.

REACH PERSONAL ENRICHMENT ACTIVITIES ARE DESIGNED TO FOLLOW OUR CORE PROGRAM CHARACTERISTICS.



DETAILS ON THE PROGRAM AND HOW TO JOIN THE WAIT LIST.



Scan



Recreation & Relationships



Education & Culture



Arts & Music



Community & Contribution



Health & Wellness

CATALYST ADULT DAY PROGRAM (AGES 18+)

Catalyst focuses on teaching and practicing meaningful life skills that empower participants to thrive in their everyday lives.

Program Highlights

Hands-on Learning - Each session is packed with engaging, practical activities that focus on essential life skills, ensuring participants can confidently apply what they learn in realworld situations.

Small Group Support - With small group ratios, participants receive personalized attention and guidance from CEL's dedicated staff, volunteers, and interns.

Skill Building Sessions - Catalyst is organized into manageable 5-6 week sessions, each covering different topics to support growth and independence in daily life skills.

Topics include:

- General Household Cleaning learn to create and maintain a clean, organized living space
- Personal Hygiene Build routines that promote self-care and health
- Laundry Skills- Gain confidence in washing, folding, and organizing clothing
- Community Resources Discover how to navigate and utilize local resources
- Meal Prep and Planning Develop skills to plan, prepare, and enjoy nutritious meals

Why Choose Catalyst?

Confidence Building: Members grow in self-reliance and independence, gaining a sense of accomplishment

Practical Skills: Every skill taught is designed to translate directly into daily life

Supportive Environment: Our welcoming community ensures members feel encouraged, valued, and empowered.





Scan to Learn More

Interested in learning more about Catalyst?

Contact the Community Engagement Team to schedule a New Member Orientation and begin the process: CassidyP@ExperienceCEL.org or Brittany@ExperienceCEL.org



DID YOU KNOW?

Membership fees only cover 30% of the actual cost of the programs you love and rely on, making those experiences only possible through the support of CEL's donors. The kindness and generosity of our supporters make it possible for CEL to provide committed and caring staff members, program tools and materials, safe transportation, and our beautiful and welcoming Universal Design building.

Donations also fund financial aid, because we never want our members and their families to bear the full cost, and finances should not be a barrier to a life full of wonderful experiences.

If you have the means, please consider supporting our programs and help keep our programs affordable for all.





Scan Me

MEMBER VOICES

Why do you like coming to CEL?

66 My favorite thing about CEL is the parties and hanging out with my friends. 99





(Unofficial Assistant to the Program Supervisor)

66 I love seeing my friends at CEL and love having fun with them. I can be myself and I like to be helpful to everyone. 77

NOW RECRUITING: BE A PART OF CEL!

It takes a full team of wonderful people to continue providing a place where people with developmental disabilities are welcomed and celebrated.



CEL's Board of Directors, volunteers, staff, and interns all play important roles in the operation and success of programs and special events, providing enthusiasm, talent, creativity, and support. Please consider joining the CEL team!

Volunteer, Intern, or Work for CEL!





REGISTRATION INFORMATION

Membership & Registration

- Registration Requests can be completed by visiting: ExperienceCEL.org/register
- Members must have been registered in the last program year or have a current Member Information Form (within two years) to prevent a lapse of membership.
- Current Members can complete a registration request by visiting ExperienceCEL.org/Register New members must complete the New Member Orientation before participating.
- New or Lapsed members must set an appointment with the Community Engagement team before attending programs. See below for contact information.
- For registration questions, contact Brittany@ExperienceCEL.org or CassidyP@ExperienceCEL.org.

Program Fees & Financial Assistance

- Payment: Full payment is required at the time of registration unless payment plans are specified. Accepted payment methods include:
 - o Cash, check, money order
 - o VISA, Mastercard, Discover, American Express Credit card payments require completing the designated section on the registration form.
- Outstanding Balances: Any past-due fees must be paid before registering for new programs.
- Financial Assistance: Limited awards based on financial need and fund availability.
 - o Applies only to full fees (not dances or other discounts).
 - o Does not guarantee future assistance.
 - o To apply, check the financial assistance box on the registration form and submit all required documentation.
 - o Contact Nancy@ExperienceCEL.org for details.

Cancellation Policy

- Weekly Programs: Cancellations before the start date may incur a \$50 service fee.
- Special Events & Excursions:
 - o Cancellations must be made at least two weeks in advance for a refund or credit.
 - o If an excursion includes purchased tickets, the ticket cost will only be refunded if another member takes the spot.
 - o If CEL or the venue cancels an excursion, alternatives may be offered.

• Medical Cancellations:

- o Prolonged illness, hospitalization, or extended medical issues may qualify for prorated credit consideration.
 Requests must be submitted in writing with supporting medical documentation. CEL will review each request on a case-by-case basis.
- o Members unable to participate due to a medical condition must provide a doctor's note for case-by-case evaluation.
- Moving: Members who move out of the area are eligible for a refund after address confirmation.
- Refunds/Credits: Funds will be returned in the form of future credits, and any request for refunds will be reviewed case-by-case.

Program Participation & Attendance

- Excursion Participation: Members must attend an on-site program before joining community-based excursions.
- Wellness Policy: Members should not attend programs if experiencing:
 - o Sore/Strep throat, flu, or fever
 - o Coughing, runny nose, or cold symptoms
 - o Contagious rashes, lice, or eye infections
 - o General illness that prevents full participation
- Members may return once symptoms have passed or with a doctor's recommendation.
- To ensure continuity of care, CEL requests notification of any injuries, new medical conditions, or surgical procedures. A 'return to normal activities' note may be required. Contact info@ExperienceCEL.org for more details.
- Early Arrival: Members should arrive no earlier than 10 minutes before a program unless prearranged. Repeated early arrivals may result in restricted building access or incur a fee.
- Transportation: Limited transportation may be available. Contact the Community Engagement team for options.
 - o Late Pick-ups: Families, caregivers, or agency staff must be on time.
 - o Members whose ride is late three (3) times per session may have their membership suspended.
 - o Late fees will apply, and families/agencies will be billed accordingly.

General Policies & Additional Information

- Program Fee Adjustments: CEL reviews program fees periodically. Any necessary changes will be communicated in advance. Current fees are in effect through May 2025.
- Lost or Stolen Property: CEL is not responsible for personal belongings brought to programs.
- Registration Requests:
 - o Complete Registration Requests online: ExperienceCEL.org/register
 - o Drop Off: CEL business hours Monday Friday, 9:00 a.m. 4:00 p.m.

• Inclement Weather & Cancellations:

- o CEL may cancel programs or switch to a virtual format due to extreme weather, including, but not limited too:
 - Heat index over 100°F
 - Tornado warnings
 - Icy roads, snowstorms, or extreme wind chill
- o If a cancellation occurs, members will be notified before the program start time.

Program Guide Errors: Our staff have made every effort to prepare this program guide as accurately as possible; however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Center for Enriched Living reserves the right to make any such adjustments. We apologize for any inconvenience these errors or adjustments may cause. CEL has no control over venues cancelling or rescheduling events. Should this occur, CEL will attempt to offer a comparable activity.

REGISTER ONLINE NOW!







Scan Me!





Want to register another way?
Please contact our Community Engagement Team
for help: Outreach@CenterForEnrichedLiving.org



We're Excited to See You This Summer!





CEL sounds like a wonderful experience – how do I get started?

New members must contact a Community
Engagement Coordinator to schedule a New Member
Orientation and begin the membership process.
Membership information should be completed in
full and necessary documents provided to complete
registration; The Community Engagement Coordinator
will be the point of contact during this process.
Please note that participation in an onsite program
at CEL must occur prior to new members attending
community excursions. Speak with one of the
Community Engagement Coordinators to set up an
appointment: Brittany Mussen,

Brittany@CenterForEnrichedLiving.org, 847-315-9890 or Cassara Cole,

CCole@CenterForEnrichedLiving.org, 847-315-0074.

Can additional supports be provided?

We recognize that some members may require additional assistance to have a meaningful, safe, and successful experience. The program team will assess needs during the new membership process to ensure necessary supports are in place, especially for community-based activities. Our primary responsibility is the safety and security of all members, staff, volunteers, and community partners.

When are program fees due?

Payment is preferred in full at the time of registration. Payment plans can be arranged with a credit card on file. In order to keep your account current, any balances are due in full prior to an event, excursion or recurring program. Please note that programs not meeting minimum enrollment may be subject to cancellation.

Are there any discounted rates or coupons for programs?

CEL is proud to offer financial aid opportunities for programs. Please see page 28 for full details.

What is your credit and refund policy?

- A cancellation that occurs prior to the start of a weekly program will incur a service fee of \$50 that will offset the refund. No refunds will be given after the first day of the weekly program.
- For special events and excursions, cancellations must be made 2 weeks prior to be eligible for a credit or refund. If tickets have been purchased for an excursion, the cost of tickets will not be reimbursed unless the spot is taken by another member. If an excursion is canceled by the venue or CEL, the program team will offer alternatives depending on the type of excursion and reason for cancellation. CEL has little control over venues that may cancel events.
- If a medical condition prevents a member from participating in a program, a doctor's note is required and will be evaluated on a case-by-case basis for credit or refund.
- Members who move out of the area will be eligible for a refund once the address change is confirmed

What if I require a dietary consideration for a program or event?

We strive to accommodate the needs of our members and will do our best to meet requests. In some cases, particularly meals that are planned for a group event or those in the community, it may be difficult to ensure special menu choices. When snacks are offered during programs, members must bring their own gluten-free or dairy-free items as an alternative.

More Questions?

Call us at 847-948-7001 or email info@CenterForEnrichedLiving.org



Experience Life's PossibilitiesPrograms & Services for People
with Developmental Disabilities

Center for Enriched Living 280 Saunders Road Riverwoods, IL 60015-3835 NON PROFIT ORG U.S. POSTAGE PAID CAROL STREAM, IL PERMIT #1167

Follow us on CELfriends

Like us on **f**/CELfriends

Follow us on CELfriends

Find us on /@CELfriends

